

September 28, 2019 55k and 105k Crested Butte, CO



Packet Pickup: Friday, September 27, 2019

4 p.m- 6 p.m

Butte 66 Roadhouse, upstairs Treasury Building Mt. Crested Butte, CO 81225

*Near the Silver Queen Express Lift at the Crested Butte Mountain Resort. *105k runners must check-in on Friday

Check-in and Packet Pickup at the starting line: Saturday, September 28, 2019 55k only 6 a.m.-6:45 a.m.

Race Morning Schedule:
3:55 a.m. - 105k Pre-race announcement
4:00 a.m. - 105k Start
6:55 a.m. - 55k Pre-race announcement
7:00 a.m. - 55k Start

Start and Finish Info: Directions to Start and Finish:

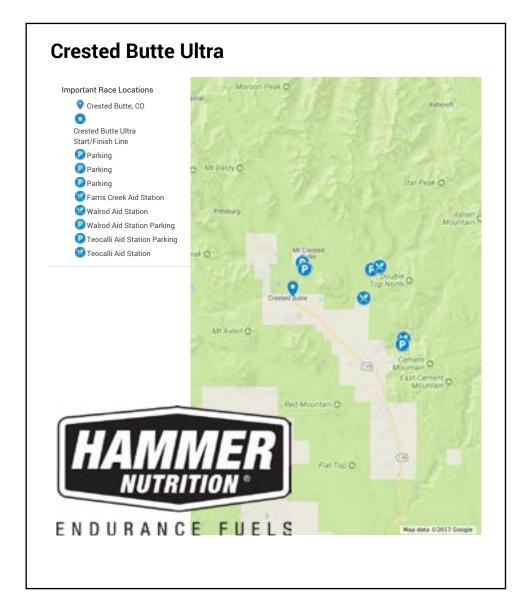
The race start and finish are located at Crested Butte Mountain Resort. From Elk St. in Crested Butte, head north on 6th St. for .3 miles then continue onto Gothic Rd for 2.2 miles before entering the resort. Parking is available once you reach the resort.

There will be a short walk to the start/finish line.



Aid Station Information

Click here for online Google map. Use the map for directions to the crew accessible aid stations.



*Crew members must walk to Teaocali and Walrod Aid Stations.

There is NO parking at the aid stations. See Google map for directions.

Drop bags will be returned to finish line around 9:30

Aid Station Supplies

p.m.

Water, Hammer Drink Mix
(Heed), Coke/Sierra Mist,
Hammer Gels
PB&J Sandwiches, Bananas,
Oranges, Gummy Bears,
M&Ms, Cookies, Electrolytes
(Endurolytes), Ice, Pancakes
(Select Aid Stations),
Quesadillas (Select Aid
Stations)Bacon (Select Aid
Stations), Boiled Potatoes
(Select Aid Stations)

Aid Station Information

105k											
Aid Station Number	Aid Station	Miles	Miles to Next AS	Crew	Pacer	Drop Bags	Cutoff				
1	Farris Creek	7	7	No	No	No					
2	Walrod	14	6	Yes (.6 Mile Walk)	No	Yes	8:00 AM				
3	Cement Creek	20	9.5	No	No	No	10:00 AM				
4	Double Top	29.5	3	No	No	No					
5	Crystal Peak	32.5	10	No	No	No					
7	Teocalli	42.5	11.5	Yes (.75 Mile Walk)	No	Yes	4:00 PM				
9	Teocalli	54	3	Yes (.75 Mile Walk)	Yes (Only after 4pm)		8:00 PM				
10	Farris Creek	57	7	No	No	No					
11	Finish Line	64	N/A	Yes		Yes	Midnight				

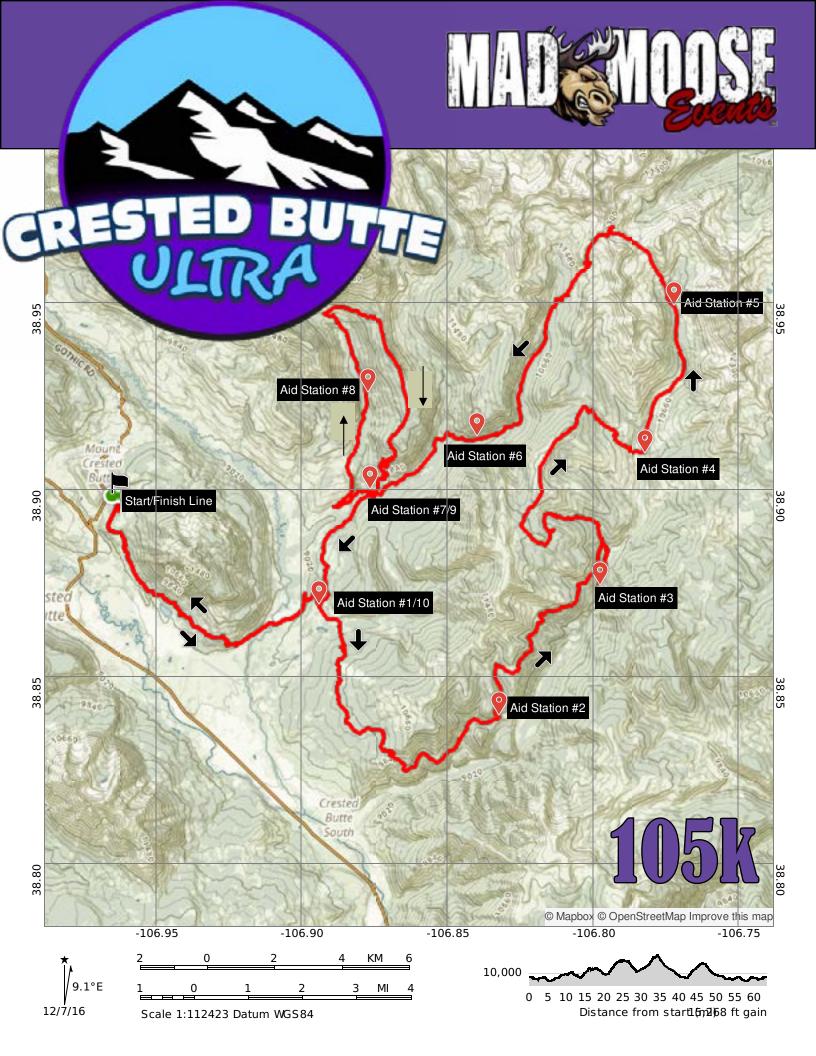
Aid Station 6 and 8 are water only if the temperatures on race day are going to be higher than average. We'll send more information on race week, if they will be on course.

55k											
Aid Station Number	Aid Station	Miles	Miles to Next AS	Crew		Drop Bags	Cutoff				
1	Farris Creek	7	6.5	No	No	No					
2	Teocalli	13.5	11.5	Yes (.75 Mile Walk)		Yes					
4	Teocalli	25	3	Yes (.75 Mile Walk)		Yes	4:00 PM				
5	Farris Creek	28	7	No	No	No					
6	Finish Line	35	N/A	Yes		Yes	8:00 PM				

Aid Station 3 is a water only if the temperatures on race day are going to be higher than average. We'll send more information on race week, if it will be on course.







Race Rules

- 1. Runners will be held responsible for the actions of their crew.
- 2. No littering anywhere on course or at any aid stations! Littering is grounds for disqualification and will be enforced. Hold your trash until you find an appropriate receptacle. If you find trash from others, please pick it up and throw it away.
- 3. Do not cut switchbacks. You must follow the trail as it has been marked.
- 4. Vehicle and bicycle pacing is prohibited.
- 5. The 105k runners can have a pacer after the Teocali Aid Station, at mile 52.5, only after 4 pm. If a 105k runner leaves the aid station before 4pm, they cannot have a pacer. We're only allowing pacers for runners who will finish in the dark. The pacer must stay with the runner until the finish.
- 6. Race cutoff times are listed alongside the aid station information. These times will be strictly enforced to ensure the safety of the runners on course.
- 7. All runners will abide by the directions of the medical personnel.
- 8. Violation of any rule will be grounds for disqualification.
- 9. Be sure your chip is attached to your shoe and is secured with ties provided.

